



**Five Counties  
Teaching  
School Hubs  
Alliance**

# Understanding Complex and Challenging Behaviour and what to do about it

**A free 3 day course exploring the mismatch between understanding the causal factors driving the rise in complexity of behaviour and how to manage it in the classroom and whole school level. Relationships and empathy alone will not support staff dealing with the levels of challenging behaviour of a growing minority, whilst meeting the needs of the majority.**

There is a difference between an approach, based purely on strengthening relationships and one that is relational. The latter very much emphasises the consistency, predictability and importance of boundaries and rules that makes staff and young people feel safe.

This course is aimed at School Leaders, Pastoral Staff and anyone struggling to manage complex and challenging behaviours in the classroom and will address all those issues:

- build knowledge
- motivate staff
- develop teaching techniques
- embed practice

A blend of theory and practice following a framework of:

## **Theory –**

- Understanding the underlying societal and psychological reasons for the rise in challenging behaviour

## **Practical –**

- Having an attitude that is effective
- What to say/what not to say
- What to do – strategies that work for all

## **Details:**

Somerset 3 day course: Tuesday 7th November 2023,  
Tuesday 20th February 2024 and Tuesday 23rd April 2024

09:30 - 15:30pm

Bradbury Training Centre at Fiveways School, Yeovil

**Free of charge**

**To book please use the QR code.**



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