



# Youth Mental Health Training



## Online Course

In conjunction with Somerset Public Health, we are pleased to offer a suite of youth mental health training for Somerset schools and the wider children and young people's workforce. These courses are certificated and delivered by MHFA England accredited trainers.

### **Become a Youth MHFA Champion:**

**Wednesday 19th April 2023**

**<https://www.supportservicesforeducation.co.uk/Event/190385>**

**Friday 9th June 2023**

**<https://www.supportservicesforeducation.co.uk/Event/190386>**



#### **Course Structure:**

- Some of the common mental health issues affecting young people, including depression, anxiety, eating disorders and psychosis.
- Skills to work more effectively with young people living with mental health issues.
- Ways to support young people with a mental health issue and relate to their experiences.

#### **Delivery:**

1/2 day online

9:30AM - 12:30PM

Led by:  
Belinda Heaven (MHFA Trainer)

Free  
course

#### **Booking details:**

This CPD is fully funded and offered **free of charge**. Places are therefore limited to 2 per setting. Non-attendance or cancellation within 14 days of the training date will be charged at £50 per booking.

**Email:** [officespts@fiveways.school](mailto:officespts@fiveways.school)



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