

Training and support

Our Outreach Team provides practitioner led support and training for local mainstream schools. One of our key aims is to enable schools to have increased confidence, skills and knowledge of appropriate strategies and resources to enable their staff to effectively support and fully include pupils with SEND within their own educational settings. Our outreach offer includes support with:

Assessment and Moderation
Autistic Spectrum Disorder
Communication and Interaction
Manual handling; MOVE
Outdoor Learning; P-Scales
Person Centred Planning and Review
Positive Behaviour Management
Profound and Multiple Learning Difficulties
Social, Emotional and Mental Health
Total Communication; Theraplay; Thrive

We are also happy to arrange visits and focussed learning walks at Fiveways School.

Initial Teacher Training

We also offer an exciting and local opportunity for teacher training. Our primary PGCE School Direct course includes the option for enhanced training in special educational needs and disabilities. Visit our Teaching School website for details:

www.somersetpts.co.uk



Fiveways School Outreach Service

Please contact us...

**For outreach support, ITT
and inclusion placement enquiries:**

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Fiveways School

Specialists in Communication & Interaction



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Fiveways School



Specialists in Communication & Interaction



Outreach Support

Embracing Thrive

to develop social and emotional well-being

A guide for

parents and teachers



What is the Thrive approach?

Thrive is a specific way of working with all children and young people that helps to develop their social and emotional well-being, enabling them to engage with life and learning. It supports them in becoming more self-assured, capable and adaptable. It can also address any troubled, or troubling, behaviours providing a firm foundation for academic attainment.

Positive relationships are at the heart of Thrive. We use these relationships, together with play and creative activities, to give children key experiences at each different stage of their development. Repetition of these activities supports their development helping them to:

- feel good about themselves & know that they matter
- increase their sense of security and trust
- increase their emotional well-being
- improve their capacity to be creative and curious
- increase their self-esteem and confidence to learn
- learn to recognise and regulate their feelings
- learn to think before behaving in a certain way

"The Thrive approach was invaluable in supporting me to support pupils in my school. It helped them feel that they mattered, that they belonged and that they are valued for their unique qualities."



How does it work?

Appropriate for all ages from birth to adulthood, The Thrive Approach draws on the latest research into brain science, child development theory and attachment theory. It helps us to understand how babies' and children's brains develop, and how parents, teachers and other professionals can best support this development by providing the best experiences for the children at each stage.



Thrive also helps us to better understand the children's needs being signalled by their behaviour. Sometimes children may struggle as a result of temporary setbacks or other, longer term changes in their lives such as a separation, a bereavement, a family illness or accident, or even the arrival of a new baby. They may signal their distress by becoming more withdrawn, or distant, or perhaps more challenging or disruptive, or even by trying too hard to please. If this happens we use Thrive to look beyond the behaviour to give these children the support they need to get back on track. Sometimes they only need a little extra support in class and sometimes they may need additional one-to-one time to help them along.

Can we support you?

- ***Do you want the children in your classes to thrive?***
- ***Are you keen to find some simple effective ways to turn some of your less interested pupils on to learning?***
- ***Are you confused or confounded or concerned about some of your pupils' behaviour?***
- ***Do you want to know how to be with your more vulnerable or challenging children or young people so that they can settle, concentrate, take turns, be curious, get involved, stay with something in spite of difficulties?***

Using the Thrive approach, we can assess your pupil's emotional and social development and support your staff to build upon their capacity to provide personalised programmes for individual pupils.

Let's help every child
thrive

If you would like our support or would like to learn more about Thrive, please email Ian Baker, our outreach lead.

ibaker@educ.somerset.gov.uk

To enable us to provide you with the best type of support, we will send you a referral form requesting additional details.